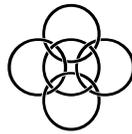


Materials List

# *The Alchemist's Guide*



## Secret Fire

The Alchemy of Inner Journeying & Painting

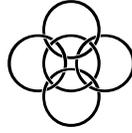
*Saturday Mar 7<sup>th</sup> / Sunday Mar 8<sup>th</sup>*

*and*

*Saturday Mar 14<sup>th</sup> / Sunday Mar 15<sup>th</sup>*

*2020*

# Required Materials



## For Painting :

Acrylic palette w/ lid or disposable palette paper

A selection of acrylic colours (see preferred colours below)

An assortment of acrylic paintbrushes of different sizes including a medium sized flat brush for painting the imprimatura

### *Brushes that will come in handy for this workshop :*

1 fine liner brush (1 cm long – synthetic is fine, such as Raphael and Da Vinci brands)

1 small soft ‘mop’ blending brush, can be a watercolour brush

Filbert (Cat tongue) brushes – an assortment of sizes (with at least one larger one)

A few flat brushes (small and medium)

## I will provide :

One 24x30cm Ampersand Gessobord per student, Golden Acrylics Fluid Titanium White and Titan Buff, Acrylic painting medium, Tracing paper, Transfer paper, Masking tape, Paper towels, Light table, Cups, Spray bottles.

You will have access to my collection of Old Holland and Golden Acrylic paints for a small fee which we can discuss depending on how much paint is used.

### For Inner Journeying :

Notebook and pen/pencil

## My Preferred Old Holland Acrylic Paint Colours

\* = Favourite

### Red

\*Alizarin Crimson

\* Transparent Red Oxide

\* Blood Red

### Yellow

\* Transparent Oxide Yellow

\* Naples Yellow

Yellow Ochre

Cadmium Yellow

Indian Yellow

### Brown

\* Raw Umber

Burnt Umber

Burnt Sienna

\* Van Dyck Brown

## **Green**

Chromium Oxide Green

Sap Green

\* Green Umber

\* Green Earth

\* Pthalo Green

## **Blue**

\* Ultramarine Blue

Pthalo Blue

Prussian Blue

\* Manganese Blue

Indigo

Cerulean Blue

King's Blue

Payne's Grey

## **Violet**

Dioxazine Violet

\* Ultramarine Violet

\* Old-Holland Violet-Grey

## White

Titanium White

Titanium Buff

## Black & Other

Ivory Black

\* Neutral Tint

**NOTE :** *OLD HOLLAND* offers a diverse array of high quality paint colours, these are just some that I prefer to use. If you are wishing to invest in a set of acrylic paints I definitely recommend this brand for their high pigment load. If you are unsure of what colours to buy then I would recommend getting at least one or two of each colour, a cool and warm, whichever call to you. Some colours are more opaque and some are more transparent. I personally prefer using transparent colours as they work very well when layering but some of the more opaque colours come in handy too. It all depends on what you wish to achieve in your painting.

*GOLDEN* is also a great brand for acrylics. It is slightly less expensive and most art stores carry it. I use *GOLDEN Fluid Acrylics - Titanium White* and *GOLDEN Fluid Acrylics - Titanium Buff* to build up subtle layers of warm and cool whites in an acrylic underpainting. I will provide this to the students for the workshop.