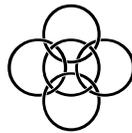


Materials List

The Alchemist's Guide



Ars Memoriae

Painting your Inner Cosmos

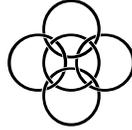
Saturday May 11th / Sunday May 12th

and

Saturday May 18th / Sunday May 19th

2019

Required Materials



For Painting :

Acrylic palette w/ lid or disposable palette paper

A selection of acrylic colours (see preferred colours below)

An assortment of acrylic paintbrushes

Brushes that will come in handy for this workshop :

1 fine liner brush (1 cm long – synthetic is fine, such as Raphael and Da Vinci brands)

1 soft ‘mop’ blending brush, can be a watercolour brush

Filbert (Cat tongue) brushes – an assortment of sizes (with at least one larger one)

A few flat brushes (small and medium)

I will provide :

One 24x30cm Ampersand Gessobord per student, Golden Acrylics Fluid Titanium White, Schminke Special Painting Gel, Liquitex Glazing Medium, Tracing paper, White chalk transfer paper, Masking

tape, Paper towels, Light table, Cups for paint water, Several spray bottles.

You will have access to my collection of Old Holland and Golden Acrylic paints for a small fee which we can discuss depending on how much paint is used and I also have several small mop brushes and some small flat brushes available for purchase at euros 3.50 each.

For Inner Journeying :

Notebook and pen/pencil

My Preferred Old Holland Acrylic Paint Colours

* = Favourite

Red

*Alizarin Crimson

* Transparent Red Oxide

* Blood Red

Yellow

* Transparent Oxide Yellow

* Naples Yellow

Yellow Ochre

Cadmium Yellow

Indian Yellow

Brown

* Raw Umber

Burnt Umber

Burnt Sienna

* Van Dyck Brown

Green

Chromium Oxide Green

Sap Green

* Green Umber

* Green Earth

* Pthalo Green

Blue

* Ultramarine Blue

Pthalo Blue

Prussian Blue

* Manganese Blue

Indigo

Cerulean Blue

King's Blue

Payne's Grey

Violet

Dioxazine Violet

* Ultramarine Violet

* Old-Holland Violet-Grey

White

Titanium White

Titanium Buff

Black & Other

Ivory Black

* Neutral Tint

NOTE : *OLD HOLLAND* offers a diverse array of high quality paint colours, these are just some that I prefer to use. If you are wishing to invest in a set of acrylic paints I definitely recommend this brand for their high pigment load. If you are unsure of what colours to buy then I would recommend getting at least one or two of each colour, a cool and warm, whichever call to you. Some colours are more opaque and some are more transparent. I personally prefer using transparent colours as they work very well when layering but some of the more opaque colours come in handy too. It all depends on what you wish to achieve in your painting.

GOLDEN is also a great brand for acrylics. It is slightly less expensive and most art stores carry it. I use *GOLDEN Fluid Acrylics - Titanium White* and *GOLDEN Fluid Acrylics - Titanium Buff* to build up subtle layers of warm and cool whites in an acrylic underpainting. I will provide this to the students for the workshop.