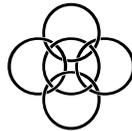


# *The Alchemist's Guide*

+ Workshop Series +

## The Ethereal Vanguard

Painting your Spirit Ally



Saturday Mar 2<sup>nd</sup> / Sunday Mar 3<sup>rd</sup>

and

Saturday Mar 9<sup>th</sup> / Sunday Mar 10<sup>th</sup>

2019

**T**ime :

*10 am - 6 pm (1pm - 2 pm Lunch break) each day*

**L**ocation :

*My private atelier*

*Hohlweggasse 1, top 3, 1030 Vienna, Austria*

*\*I am close to the 71 and O trams, as well as the train at Rennweg. A few minutes walk from the Belvedere Palace and Botanical Garden\**

**F**ee :

*€ 280 per student for 4 days (over two consecutive weekends)*

**P**ayment :

*By PayPal: Credit card option available*

*By Bank Transfer: Bank details given upon request*

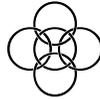
**\*\* This intensive is limited to 5 people. A deposit of € 100 must be made in order to reserve a spot. Sign up must be done through my website.\*\***

**C**ontact :

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# Workshop Outline



Be part of 'The Ethereal Vanguard'.

This will be the fourth workshop in the *Alchemist's Guide Workshop Series* and will be focused on painting a portrait of your Spirit Ally in acrylics. Your ally can be in human form, in animal form, a combination of both or can even appear as an entirely imaginal creature.

You will first learn the *Trifold Approach to Inner Journeying*, my time tested method of fluidly activating the inner senses, to help you enter the realms of the imagination to meet with your spirit ally or allies and journey with them. The essential meanings of the individual parts of your journey will be further uncovered and distilled for you.\*Please see below.

From here you will learn how to create a textural imprimatura or base layer, the 'Prima Materia' of your painting, inviting unexpected elements to appear. You will learn how to transfer your composition and begin a monochromatic underpainting, developing values and creating volume and depth with shadows and highlights from a mid tone. You will further learn about colour glazing and adding layers of refinement. During this process I will teach my 'glasslike' *Vitreous Technique*, a way of creating fluid glasslike and gemlike effects which can be incorporated into your piece.

## Preparation:

I ask that before the workshop you develop an idea (or two) for a composition for yourself. Prepare a set of photo references and/or drawn references which you can use to begin picturing the portrait you want to make. If you wish to do a human face, bring a good photo of that face printed at the size of the gessobord that I am providing you (leaving enough space for background). You may also draw the face but please bring the photo reference along with you as well. If you want to paint an animal, same idea. If you

want to paint an imaginal creature, prepare a drawing of it at that size. There will be no drawing time set aside during the workshop. Bring other photos that might inspire forms and colour choices/combinations for you. You are also welcome to bring your laptop/tablet to view your references on. Feel free to send me a message if you need some advice with your references.

### Materials I provide:

One Ampersand gessobord per student – size is 24x30cm, acrylic painting medium, tracing paper, transfer paper, masking tape, paper towels, light table, cups for paint water, spray bottles and access to my collection of Old Holland and Golden Acrylic paints if you do not have your own. Refer to the separate *Materials List* on my website to know what you need to bring with you.

\*Due to time, the main purpose of doing the journey will be to teach you the approach and for inspiration during the painting process, rather than deciding on a final composition.

## **Day One : Mar 2<sup>nd</sup>**

### **Morning**

- Short opening circle! Sharing a bit about ourselves.
- I teach you the 'Trifold Approach to Inner Journeying', if there is enough time people can share afterward.

### **Afternoon**

- Demo on creating the imprimatura (ground) in acrylics.
- Students create their own imprimatura for their piece. Focus on achieving a textural mid tone.
- Tracing and transferring of student's finished reference drawing to gessobord.
- Creating a neutral tint to begin painting shadows.

## **Day Two : Mar 3<sup>rd</sup>**

## **Morning**

- Presentation on my work with examples of the process the students will be going through as they paint the portrait of their Spirit Ally, from imprimatura to adding shadow and light and glazing in colour.
- Students can begin painting highlights using fluid white, moving back and forth between shadow and highlight.

## **Afternoon**

- I will introduce what I call the Vitreous Technique to the students in a demo. Essentially it is a way of creating flowing glasslike and gemlike effects using light and shadow. Students have the choice of incorporating this technique into their piece or not.
- More painting! The goal for this day is to make as much progress as possible, working at achieving the values in the composition monochromatically. I will spend time with each student, answering questions and providing guidance to achieve their vision.

## **Day Three : Mar 9<sup>th</sup>**

### **Morning**

- Presentation on some of my personal Artistic Influences
- Continued painting! As highlights and shadows are built up together volume is achieved and things will really start to take shape.

### **Afternoon**

- I will give a demo on colour glazing!
- I will give recommendations to each student on which colours to begin painting with.

## **Day Four : Mar 10<sup>th</sup>**

### **Morning**

- Students have already begun colour glazing on their piece. I will help them mix their colours if necessary and achieve the correct level of transparency.

## Afternoon

- Continued painting, re-defining highlights, adding further refinement to forms and adding deeper shadows over glazed areas.
- Closing circle! Students can share their experience of the intensive and give any feedback.

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NOTE : This is a general outline of the workshop to give you an idea of how it will proceed, though some things may be added or re-arranged to suit the timing of the group :)